

Part Three – My MCS Sharing by alumnae of the 2000’s

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Ref. Code	MCS Sharing
79	Maryknoll has the biggest influence to my life. I have a great sense of belonging to Maryknoll. I have known all my best friends in Maryknoll. And those are the friends for life. Teachers in Maryknoll have helped us grow a lot. I am very willing to help as much as I can to Maryknoll
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81	<p>Maryknoll teachers and fellow-Maryknollers have provided me with a strong support base, especially after my departure for education overseas. Also, I have always felt fortunate to have so many accomplished alumnae as examples. Maryknoll has taught me to be a moral, self-disciplined, responsible, and open-minded person. The interpersonal skills I acquired during my Maryknoll years are crucial in determining the career path I am taking.</p> <p>I would like to share my personal experiences with current Maryknollers because they can relate to my stories. I would also like to become a mentor for a F.6 student. Specifically, I would want to introduce students to environmental issues for the fact that the industry needs talents like outstanding Maryknollers with a vision and a good heart. Environmental issues also need attention from our society but are often neglected. If I were given an opportunity like participating in a panel discussion with other former Maryknollers or holding a small-group activity, I would introduce current students to opportunities in international development and relations, environmental policy-making, and public health. There are plenty of environmental career opportunities besides conservation work—something Hong Kong locals rarely consider. Significantly, I hope to see MCS taking the lead in training future leaders—accomplished, responsible citizens with integrity; leaders who not only do well but also do good.</p>
87	<p>“Virtue Alone Ennobles”</p> <p>I learned from Maryknoll Sisters how they were willing to help those in need in society. In a prize presentation ceremony of Hong Kong Blind Union in 2002, I heard something that I will remember for life, “...though that Maryknoll sister was so old, she still tried hard to learn Braille so that she could make Braille books for us... At the end of her days, she could only remember two things: Braille and God.” From then I spoke to myself, I would dedicate my life in serving others, just like what the Maryknoll sister has done!</p>
186	<p>1. I am willing to give talks if any opportunities arise where I can contribute and share my experience with Maryknollers. I can share the working environment/the society aspect of life (which is the next step in life for Maryknollers)</p> <p>2. I can share my experience as a former Maryknoller and how Maryknoll has helped me to become who I am today.</p>
183	The MCS motto, “Sola Nobilitas Virtus”, tells us what it is all about to live as a person. Upon cultivating the virtues in our hearts, we learn about life – to give, to appreciate, and to live truly. Being noble is not something far-fetched or unrealistic; it is just like a bird having its wings fully grown and being able to soar high up into the sky. It is such spiritual growth that liberates the soul.