

Part Three – My MCS Sharing by Alumnae of the 90’s

As at March 4, 2008.

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7	I have hired former Maryknollers for full time jobs in my current capacity and am happy to consider interviewing students for summer/full-time jobs.
18	<p>I am always very proud to be a Maryknoller. I think I have had the happiest days of my life at MCS. I think I have received a very good education in MCS.</p> <p>I still remember many of my teachers. They have made good impacts on my life. My best friends are friends I have made in the school. We have maintained our friendships for more than 25 years. That is so amazing.</p>
138	<p>I was born in a family which does not believe in any religions.</p> <p>When my parents put me to pursue my education in Maryknoll Convent School, I was introduced to Jesus and slowly get to know the Lord I remember all of us, children at Primary School, were taken out of class to go to Music Room, sat on the floor and watch together films that told the wonderful stories of Jesus.</p> <p>At that time, a love for Christ slowly grew inside me.</p> <p>All the religious classes, Bible Studies, religious gatherings and worships, which I all loved, has led to me pursue and finally become a follower of Christ in 1998.</p> <p>I feel so warm inside even now when I recollect the moments I have at Maryknoll and am so grateful to the Sisters and teachers who have sown the seed in me about Jesus and taught me the proper way to live my life and prepare me to face the challenges ahead.</p> <p>It is a true blessing which Maryknoll is giving to its students and a true noble cause that the Sisters and teachers are providing.</p> <p>I would like to say thank you. And may God continue to use our school to build young minds and continue to spread the gospel to many.</p>
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188	I am very grateful for the education I received from MCS. With the positive environment (Sisters, teachers, classmates, facilities), I was able to know and learn about myself, my faith and acquire necessary basic learning techniques and skills to continue my further education. As a mother, I now understand the challenges about passing on life’s wisdom to the next generation.
31	The friendships that are cemented at Maryknoll have been extremely important throughout my college years and as I enter adulthood. We stayed in touch throughout the years and celebrated each other’s special moments in life—marriage, new house, new job, etc.. Since we grow up together, we always have so much to share and so many memories to reminiscent of.
113	<p>Ms Chiu in P3 inspired my love for Chinese writing.</p> <p>Ms Cheng in P5 was a patient and fun class teacher who engages very well with her students. The P5C class was proud to have coordinated the efforts to buy her a wedding present.</p> <p>Ms Lee in P6 taught me “freedom is the not the right to indulge oneself”, and that we should learn to be independent and responsible.</p> <p>Mrs Leung in F1, on many occasions, gave me full marks for my weekly Chinese composition, and encouraged me to develop my skills in writing. This was very important for someone who tends to doubt her own abilities as a teenager. The research and writing skills developed over the years have contributed to my career and life as a competent investment researcher and business consultant.</p> <p>I am happy to give talks at Maryknoll and become a mentor for a Form 6 student.</p> <p>Proposed topics:</p> <ul style="list-style-type: none"> - Career as an investment professional - The rewards and challenges of living an international lifestyle and mobile career - Horse-riding as a hobby (and why it is so different from horse-racing)

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125	<p>I am proud to be a Maryknoller and it's sort of a highly acclaimed brand name, where one would want to be associated with. Throughout my 11 years at Maryknoll, I must thank all my teachers who have nurtured me into what I've become today, with special thanks to Mrs Kan, Miss Fong, Mrs Hau and Mrs Yip, when I was in the Primary section; Miss Edith Wong, Miss Daisy Tsang, Mrs Betty Lee, Mrs Cynthia Leung, Mrs Rita Loo, Miss Sabrina Sou, Mrs Thomas, Miss Gerard, Mr Hui, Mr Kwong and Mr Aloysius Lee, when I was in the Secondary section. They were such good, devoted and caring teachers and encouraged me to work hard in areas which I thought was my weakness. Without their help, I wouldn't have had the courage to challenge myself and be able to stand on my own two feet after leaving Maryknoll. My sincere thanks to them all! Even though I would love to help, but I have now re-located to Singapore and wouldn't be able to help much.</p>
205	-
175	<p>Of course ! Mr. Micheal Leung taught me how to write an essay.....the technique which I (as a lawyer) use till now.</p> <p>The lyrics of our school song.....</p> <p>The pride to be a Maryknoller.</p>
195	<p>Persistence and resilience are the skills I trained through my 13 years schooling and sports training in Maryknoll. (I was Chairman of the Sports Club in 1992 and was captains for various sports teams). These skills are valuable to me till this day. However, having faith in one's ability is really the key that bring all the success to my career life.</p> <p>Yes, I will be willing to give career talk or be a mentor.</p>
8	<p>The Maryknoll sisters had created a very good environment for the girls especially in providing a stress free learning environment and always encouraging us to take the lead in pursuing our goals, even if it is a small one. There are many things we have taken for granted and could only realize how lucky we are in retrospect – The virtues that shaped Maryknoll girls to be confident, helpful and highly organized. The equality stressed and maintained (Admitting non catholic like myself, never rank students by grades) is also a treasure that might not found in other schools. Being at Maryknoll from kindergarten till Form 7, I am truly grateful to my Alma Mater and I am proud to be a Maryknoller.</p> <p>Already in the mentorship programme. Always ready to help out whenever I can for the school.</p>

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69	<p>I’m always impressed by the spirit of the Maryknoll sisters who unconditionally devoted their whole lives to serve children and young people in HK. This appreciation may sound a bit grand but in fact I was deeply moved by the little work of St Barbara Messenger who used to be my spiritual directress when I was a Legionary in MCS. She did not set up new policies nor did something famous; instead she sat quietly around the corner of the table during weekly Legionary meetings, and gave warm and gentle advice whenever she was asked upon from students. She was like a friend in our group, always the first to comfort and last to blame. I felt safe and calm in her presence. Unfortunately, several years after I graduated, I heard that she had returned to God’s place. Looking back for her life, she devoted all her beautiful years to this foreign land to serve God and his children, I could not imagine how deep her love and patience was to us all. Still, I have her little souvenir of a statue of the Blessed Virgin Mary in my room and I prayed together with her every night. And that’s how I became a teacher, hoping to pass the spirit of MCS on to the next generation in this blessed land. When I received my training of family therapy in New York, I got a chance to visit the home base of all Maryknoll sisters. That experience was so real and vivid, as I remembered that one old sister came to me and said, “Oh, my God! My girl has come to see me from all the way from that we grown up ‘fine young ladies’ of what we are today, are the best present for them. Throughout the years, many sisters have returned to God and rest in peace, but their seeds of love and hard work will definitely be rewarded by God in heaven. I would be happy if I could help with the mentorship programe.</p>
107	<p>MCS teachings had influenced me to think critically from different angles and with an opened mind. Through studying at MCS, I learned to value individual uniqueness, independent work, continuous self-exploration, respect for oneself and others. Many consider academic achievement to be the most important but I found the non-academic learning to be more profound and influential.</p> <p>At this moment I am not available to be a mentor.</p>

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219	Maryknoll is my home. Sister Barbara, Sister Margaret, Miss Edith Wong, Mr. Michael Leung, Ms. Melaine Lee and many many teachers and sisters are good examples for me. Every one of them is passionate in education. They do care about the growth of students. I remembered once that a fellow schoolmate had stage fright in a certain occasion. Miss Melaine Lee taught me to arrange some other chance to provide some positive experience for that schoolmate, so that she would be able to step out from the fear of failure. I was impressed by her consideration. My interest in psychology also grew in her class when she taught psychological theories in R.S. classes. I learn to choose what I am interested in, and then maintain my passion by paying full effort in the path I’ve chosen. My fellow schoolmates are all assertive, brave and are ready to stand up for themselves. I learn to strike for the best and enjoy the process fully. Without this nurturing environment, I would not have achieved so much in every aspect of my life. I am most happy to provide career talks, become a mentor or help in anyway that you find me capable of offering. My area of expertise is clinical psychology and health-related psychology. I am always proud of being a Maryknoller. I wish I could contribute whatever I can to pass this spirit to my fellow Maryknoller.
9	May be career talks. I have worked in the recruitment team for over 15 years and am a member of the recruitment panel in all these years. I believe my experience in interview should be quite valuable.
38	I am very willing to give career talks when I will be in Hong Kong. Normally I will be in Hong Kong at the end of every year so please contact me. I am also willing to be a mentor for a student but I think I can only contact her through email or phone, or I can meet her once a year. Our institute provides opportunity to German school students for some practical work without any money. I think our institute welcomes students to make visits or do practical work, but the institute cannot pay for any cost. If you are interested, I can try to contact the Department of Mechanical Engineering in the University of Hong Kong, to see if it is possible to offer summer jobs to students. As my first degree is in Mechanical Engineering, I am a mechanical engineer so I am interested in all kinds of machines and mechanical processes. My research area is mainly on materials science, and specifically Aluminium alloys used in car body panels. Therefore, I am also interested in the car industries and Aluminium plants. The institute that I am working now tends more to the physics background and we use high tech machines for investigating materials. I think I can help students who are interested in science, or who wants to study engineering in the university.
44	MCS has trained us to be independent thinkers and encouraged our critical mind which is the most crucial asset for me to excel in my career. I am certain that I would not have been the same person if I received my education in any other local schools in HK. I spent almost my whole life in MCS before I left HK for my undergraduate studies. When I visited HK, I was invited to share my overseas experiences with my classmates in one of the English classes. It was way back in 1997, I believe. This is one good thing about MCS teachers that they encourage sharing what we’ve experienced and asking questions about what we don’t know. In Dec 2005 I got another chance to give a talk about my career and my life in MCS to Form 7 girls. I was overwhelmed and I would love to do it again.

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57	<p>After working for a few years, the values instilled in us through Maryknoll sisters and teachers are most precious and remained, if not all the knowledge. This may not be something that could be taught; nor understood at the time when we were students. Certainly, the Maryknoll spirit was lived out throughout our lives later. Furthermore, religious life at MCS as member of the Legion of Mary laid a solid foundation to my faith. Last but not least, the best friends after all are from MCS.</p> <p>I am willing to attend sharing with current students, but “talks” are not preferred. Sharing of working experience, career path (as an arts student) or choosing of Majors for University is ok.</p>
131	I have enrolled to becoming a mentor for a form 6 student.
135	<p>Maryknoll has influenced my life in several aspects:1. Through extra-curricular activities (I was an active Interactor from F.2 to F.7), my leadership, communication, logical -thinking and social skills have been trained. These skills are really useful in my career/life. While friendships and networks are developed among Interactors (even Interactors from other schools), who are my best friends!!2. My self-discipline and manner are fully-trained and developed when in Maryknoll (I still remember how we trained to walk quietly when walking up-stairs at Primary School!!), it’s really different when I come across people from all walks of life, Maryknoll girls are full of confidence and beauty at heart! 3. Up till now, the happiest moments in my life are at Maryknoll, care-free and aspirational study environment, cheerful and helpful teachers and classmates. Really cannot use words to describe what I learned from school or how actually all these influence my life, but all these surely do influence me a lot and make me who I am today!! Yes, I am willing to give career talks or becoming a mentor, I am willing to share more!My area of expertise: Brand Marketing, how to build brands, build brand love among consumers and the process or making-of TV commercials.</p>
158	-
160	I was always the black sheep in my group of classmates. Many thanks to my teachers, their patience and guidance really help me to grow under a worry-free environment and had also helped me to focus on my goal to become a designer.
167	Being a Maryknoller has influenced in all aspects of my life. I am so proud of being one and I didn’t know until I come to Australia that so many people know about my alma mater. It has taught me to become a knowledgeable, all-rounded lady and now when I am talking to clients, I realize that I am never running out of ideas!
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177	I’m sorry but I must defer the talks because I can’t be sure when I’ll be in Hong Kong.

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184	I am not residing in Hong Kong so I am not able to speak to the student. However I would love be able to help students who are interested in attending universities in the US or working in the US. I will be happy to act as their advisor in selecting and applying for universities here.
217	I am always proud of being a Maryknoller. The Maryknoll spirit and culture stress motivating students from their inner drive, and always doing the best one can. As I grow up, I am very clear of my goal and I strive towards the goal I want. Maryknoll gives me a broad and holistic vision which has made me stand out from other people. The all-round training and they way it nurtures students with freedom and democracy has made me adaptive to change and diversity, decisive, and bold enough to challenge status quos. I am more than happy to be one of the mentors of current Maryknollers.
26	I am so proud that I belong to the Maryknoll family. People can tell that I am from Maryknoll even I haven’t told them before, they think that Maryknollers are presentable, confident and have some kind of ‘style’. I’d like to thank Sister Ellen Mary . She is a bit strict but hardworking and that’s the reason why I learned so much from her and her lessons. I love her and she’s my role model, so now I become a secondary teacher. The Maryknoll Sisters are always the role models of all the Maryknollers and they have established a good tradition and culture of Maryknoll. Thanks!
82	<p>I cannot imagine becoming who I am now without the Maryknoll education. I was admitted to the beautiful school from a modest family. Maryknoll opened the gate to many possibilities. The sisters and teachers put a lot of trust in the students, enabling us to try new things and meet various challenges with courage. The friends we made here are for a life-time. The school crest always remind me of how one should live as a true Maryknoller – red for passion, white for purity, blue for loyalty, black for sacrifice – and pass it on. I pledge my forever loyalty to the school we love – Maryknoll.</p> <p>I am willing to give career talks at MCS or become a mentor for a Form 6 student. I have the experience of studying overseas in the UK and the US. Currently, I am in the consulting industry.</p>
85	-
96	<p>I am always so proud to be a Maryknoller. Ever since I am working, I realize that the school has equipped us so well. in all sense including academically, psychologically etc... I also notice that our route of thinking is different from others and ours is typically faster, more humane, and more holistic.</p> <p>It would be great for me to have a chance to be a mentor for the Form 6 girls.</p>

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103	<p>I would like to express my deepest gratitude to Maryknoll, my alma mater, for who I am, for what I do and for all that I ever will have or be.</p> <p>I would be glad to hold informal sharing sessions with students who are interested in becoming medical practitioners and to become a mentor for F.6 students if time permits.</p>
112	<p>The study atmosphere in MCS is great for students as teachers emphasized the balance of study and extra-curricular activities. Studying in MCS has helped me become a proactive person who would work hard and play hard. I have been working in the marketing field for 4 years and obtained some working experience in China. I would be glad to offer help to current students if necessary.</p>
127	-
139	<p>Yes, I can be a mentor and give career talk to students. My expertise area would be nutrition/dietitics (ways to become a registered dietitian and work as a community dietitian).</p>
181	<p>Maryknoll is my dearest friend who can share and give me gumption to overcome challenges in life.</p>
187	<p>Maryknoll provided a solid learning foundation for me, especially in the field of English Literature I was taught phonetics, poetry and literature since primary 1 and ever since then, English Poetry and Literature has become my passion.</p> <p>The Red-Brick Campus and the Maryknoll spirit will always remain in a special place in my life.</p>
62	<p>Career talks/mentor for F6 student – management consulting, investment (private equity)</p>
63	<p>I am interested in being a mentor.</p>

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77	Life in MCS was really fantastic and memorable. To me, the Sisters were very nice but only a few Sisters taught me in the school year. Sister Ellen Mary was one and she taught me English in Form 5. I’m really thankful for her teaching and what she wrote on my souvenir album. I think MCS teachers are quite sensible and they always give much freedom to us, e.g. organizing class/club activities. They are willing to listen to our strange suggestions (sometimes). Fellow-Maryknollers are very important in MCS school life. They gave me lots of precious memories. November Night, Christmas Party, Inter-class competitions, etc., these functions made us to be united and filled with class spirit. We maryknollers got closer to each other through these activities. After graduation, it’s so lucky to me that I can still keep in touch with my classmates and share ups and downs. Sometimes, I met some other Maryknollers by chance. It’s a good feeling that we recognized we’re from MCS.
78	All of them helped me grow and think to become a mature person, and they have given me not only guidance on academic work, but also advice on various aspects.
165	<ol style="list-style-type: none"> 1. Yes. Thanks to Maryknoll; I speak English properly, I got 9As in HKCEE & entered medical school. I get baptized 5 years ago. (Special thanks to Mrs Suzy Khan, Mr Francis Woo, Mrs Winifred Lin & Sr. Ellen Mary). 2. Yes. Something about career talk medical field (for those interested in studying medical school). 3. Prof. Mary Ip Sau Man Department of Medicine, Queen Mary Hospital (a very famous respiratory physician in Asia)
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70	I will be happy to share my experience with Maryknollers who wish to study in HKU or join the legal profession in Hong Kong.
111	-

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232	<p>I am born in a Maryknoller family, with my mom, uncle and auntie who have also studied in Maryknoll. My family is also Catholic, which made me easy to get into MCS primary with my limited wits as a primary 1 student. Since then, I have been a student in MCS until I left for university after Form 6, as I am very glad of the liberal atmosphere that the school has been able to provide.</p> <p>Like many former students, I think Mr. Aloysius Lee is very influential in our education, particularly through his philosophical style of teaching. He integrated his thoughts on philosophy and sociology in his lessons, and never fails to inspire us. I still remember I got my first failed mark ever in his writing class. I felt very inferior after I got the poor marks, but he really reminded me how much I need to improve in my English. The second teacher that I would like to thanks is Mr. Ivan Lam, who motivated me and two fellow students to join the Hong Kong Chemistry Olympiad in 1999. We were the first ones in MCS who competed at this event, and were thrilled by the opportunity to do our own research and share it with the public. It was no easy task, and Mr. Lam patiently guided our path to attain the Bronze Award. The Award was a reminder to our class that Maryknollers can excel in science studies and research too.</p> <p>I was also a member of the MCS school band since Form 1. Although MCS school band no longer exists, it was an important aspect of my Maryknoll life. I have met many elder Maryknollers in school band, including Rosie Fan and Holly Lam, who acted as mentor in my Maryknoll life. (Dr. Rosie Fan has recently died of a scuba diving accident in November 2007) Besides band-mates, we were also good friends that share many aspects of my life. I remember MCS school band went through a low period during my Form 4 and 5 years, where there are less than 6 members in the band. I was in despair and thought that MCS school band would end. However, with the help of the music teachers such as Mrs. Christina Ng, the instrument class regained momentum and MCS school band continued to thrive.</p> <p>I am also grateful to Ms. Alice Choi, who nominated me for the Hong Kong Outstanding Students' Award. I had never thought of attaining such award before and representing Maryknoll to compete in such competitions. Fortunately, I did win the award. I am very thankful for Ms. Choy who recognized my talents and gave me such opportunity to represent Maryknoll.</p> <p>In terms of other significant teachers who have influenced on me. They include the following with a brief profile on each:</p> <ul style="list-style-type: none">- Selina Yip : my primary teacher in English and Math, who has emigrated to US subsequently. We are good friends and still maintain contact after all these years- Bonnie Chau: my secondary teacher in English, Eng Lit, who has provided me guidance on how to deal with a disciplinary incident with other students in Form 3. Still keep in touch- Selene Au: a biology and music teacher at secondary, I have been inspired by her love of music and in conservation. <p>I would be happy to mentor Maryknoll students, especially in the area of personal training (like the kind we do on Outward Bound), music or biology. I have also studied in the US before and could give advice on studying in the US. I would like to provide advice on extra-curricular activities, more than academic advice. In Maryknoll, I have been involved in the Topaz house, school band, Music Club, HK Award for Young People, Tennis team, Bridge and Chess club, etc.</p>